

March 2025 Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
V = vegetarian Vegan = no meat, eggs, or dairy						1
2	3 Chicken & Rice Soup, Steamed Vegetables, Fruit <i>V & Vegan: Vegetable & Rice Soup</i>	4 Mushroom & Cheese Pizza, Steamed Vegetables, Fruit <i>V: ok Vegan: No dairy pizza</i>	5 Vegetable Sushi Rolls, Edamame, Fruit <i>V & Vegan: ok</i>	6 Lo Mein Noodles with Stir Fried Vegetables & Tofu, Steamed Carrots, Fruit <i>V & Vegan: ok</i>	7 Black Bean Chili, Brown Rice, Steamed Vegetables, Fruit <i>V & Vegan: ok</i>	8
9	10 Baked Ziti, Steamed Vegetables, Fruit <i>V: ok Vegan: Pasta with Marinara Sauce</i>	11 Tortilla Soup, Cheddar Cheese, Rolls, Fruit <i>V: ok Vegan: No cheese</i>	12 Chinese Chicken Salad with Crunchy Noodles & Green Dressing, Oranges, Brown Rice <i>V & Vegan: Marinated Tofu</i>	13 Falafel, Hummus, Pita, Fruit <i>V & Vegan: ok</i>	14 Spaghetti & Turkey Meatballs, Steamed Vegetables, Fruit <i>V & Vegan: Spaghetti with Marinara Sauce</i>	15
16	17 Shepherd's Pie, Asparagus, Oranges <i>V & Vegan: Polenta Cakes with Marinara Sauce</i>	18 Pesto Pasta with Pumpkin Seeds, Black Bean & Corn Salad, Fruit <i>V & Vegan: ok</i>	19 Vegetable Soup, Tuna Salad Sandwich, Fruit <i>V & Vegan: Avocado Sandwich with Grilled Vegetables</i>	20 Grilled Chicken, Spanish Rice, Steamed Vegetables, Fruit <i>V & Vegan: Marinated Tofu</i>	21 Black Bean Burger, Baked Sweet Potato Wedges, Fruit <i>V & Vegan: ok</i>	22
23	24 Vegetarian Minestrone, Rolls, Fruit <i>V & Vegan: ok</i>	25 Fish Tacos, Cabbage Salad, Fruit, Green Salsa <i>V & Vegan: Brown Rice & Black Beans</i>	26 Macaroni & Cheese, Crispy Kale, Fruit <i>V: ok Vegan: Pasta with Marinara Sauce</i>	27 Tomato Basil Soup, Grilled Cheese Sandwich, Apples <i>V: ok Vegan: Avocado Sandwich with Grilled Vegetables</i>	28 LMUCC CLOSED Staff Planning	29
30	31 LMUCC CLOSED University Holiday Cesar Chavez					